

## Energetic Measurement- EMI- Electro Meridian Imaging

Electro Meridian Imaging is a method of measuring the balance of energy within energetic channels of the body, known in acupuncture as meridians. These channels are related to and influence organs, muscles, nerves, and circulation, but do not follow physical pathways. These channels have been known to exist for about 5000 years, and are theorized to control the energy of the body, known in acupuncture as “chi”.

Blockages or imbalances within these channels can influence the organs, muscles, and circulation under their control. Each of the 12 major channels are named after major organs (with the exception of one), and they affect these organs, but also the pathway they take through the body, and, as well, there are specific emotions associated with each one. In essence, these channels affect the 3 dimensions of health- the physical (the pathway that they take), the biochemical (the organ they are named after, and its biochemical function), and the emotional (the emotions). These channels must be balanced for true health to be expressed, and the EMI uses skin conductivity to measure the relative balance within these channels.

The graphs below represent sample evaluations. All the 12 channels are represented by 2 lines for each channel- left and right sides, as these energy lines travel down both sides of the body. The 12 channels, from left to right, are Lung, Pericardium, Heart, Small Intestine, Triple Heater (the only channel not named for an organ- this affects respiration, digestion, and genito-urinary function), Large Intestine, Spleen, Liver, Kidney, Bladder, Gall Bladder, and Stomach. The balanced graph should show that the lines are within a range (30 points), and are represented by the color green. Any areas that are higher than an average are represented by the color red and any areas lower by the color blue. Channels that are just slightly out of balance, either high or low, show as a light green/yellow. A 20 points or greater difference between the left and the right side of a meridian is known as a “split”.

A normal average reading for the 12 channels should be between 30 points to about 175, anything above or below that can indicate some specialized concerns. Any meridian showing highs or lows within your graph indicate imbalances- a high meridian is no better or worse than a low channel, but a “split” shows a particularly great stress on a channel, so much so that it is unable to balance itself from left to right.

Any imbalances noted are only of an energetic nature; although they might represent something occurring within the physical or biochemical dimension, they are not diagnostic for physical or biochemical issues. This graphing does play a role in helping us assess your total health status, and with this information, we can now tailor our treatment to address these imbalances.

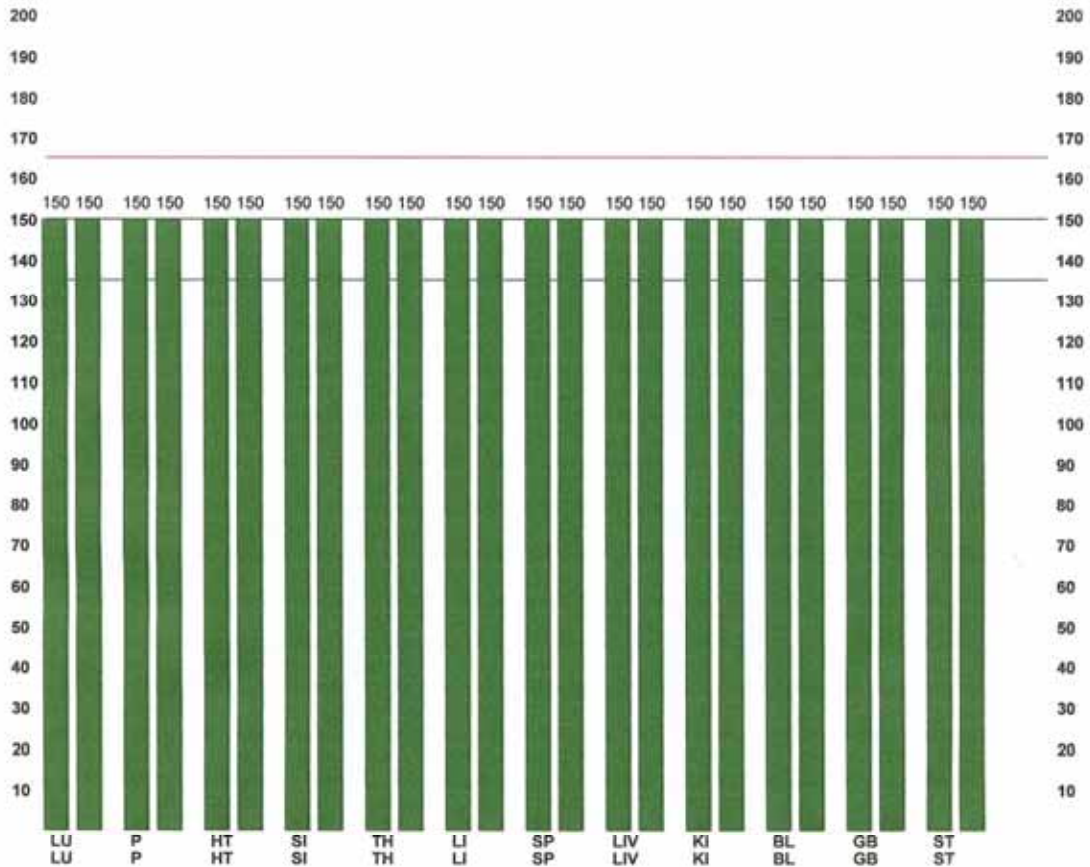
**Dr. Jeff Donahue, D.C., F.I.A.C.A.**

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Patient: DR JEFF DONAHUE

Exam Date: 10/04/10

Exam Time: 03:01 pm

**Balanced Examination**

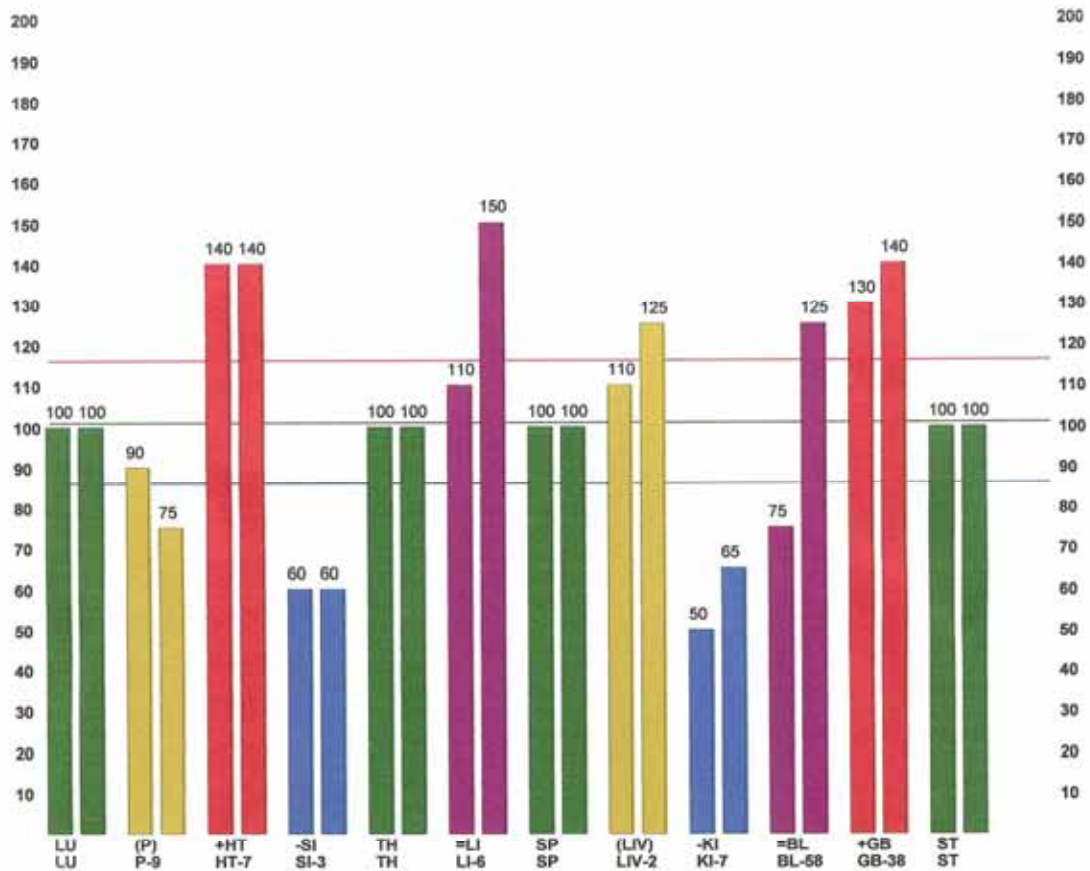
Actually, this would be a perfect examination. The EMI readings are all perfectly even. This is a rare thing, but it does occasionally happen. In a more realistic situation, a "normal" balanced graph would show as all green.

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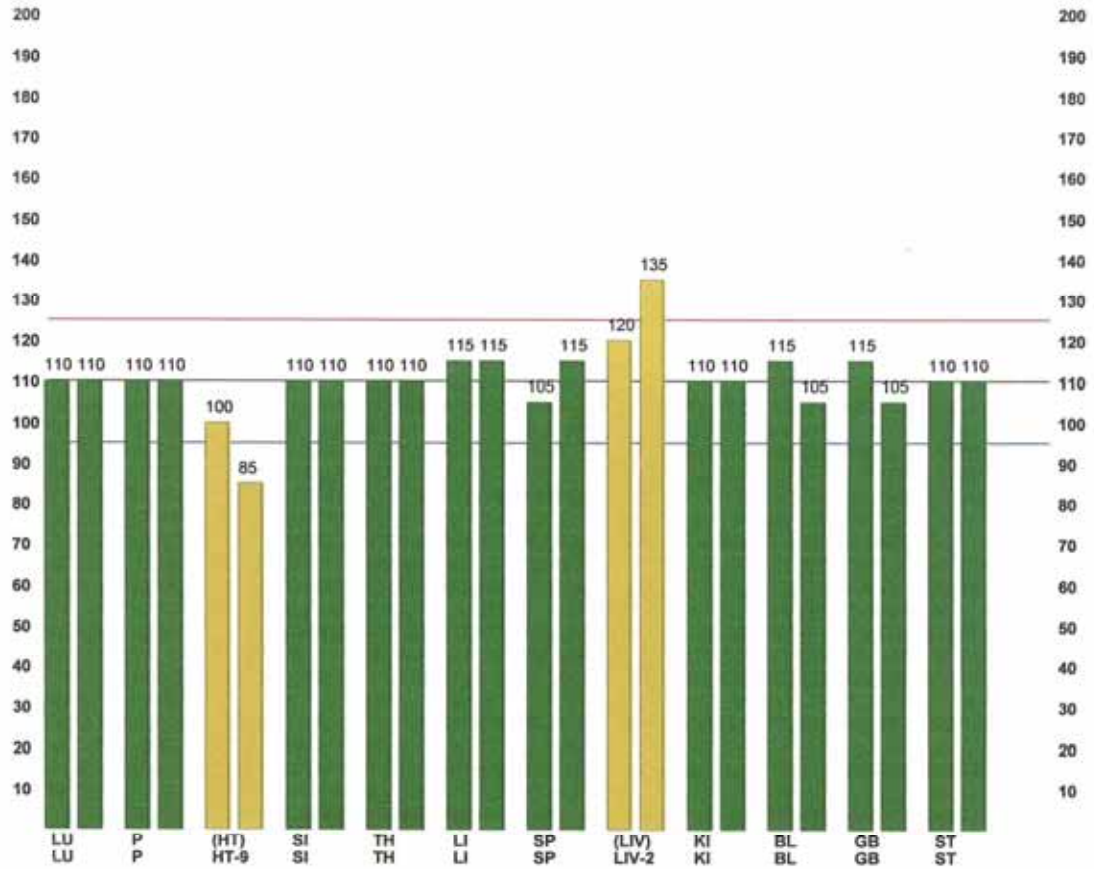
This would be an example of a graph that has all imbalances within it, including a few balanced meridians.

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This is an example of a graph that shows some slight imbalances (in yellow).

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Descriptions of what the meridians affect, within the physical dimension, the organ systems and what emotions may be affected. As well, the time of day when the meridian is most active is also listed.

**Lung**

Spinal Reflex with possible vertebral subluxation complex C1- C2, C5, T1 -T4.  
Possible Symptoms: Head and Neck Pain, Respiratory Symptoms, Cough, Asthma, etc. Dermatologic Involvements (skin). Shoulder and Arm Pain, Numbness, Tingling. Hiatal Hernia. Hypo/Hyper Thyroid. Symptoms associated with Mucus, Body Hair, Dryness, Grief, Guilt, Lower Bowel, Throat, Swallowing, Autumn, 3-5 a.m. primary time.

**Pericardium**

Spinal Reflex with possible vertebral subluxation complex at C1- C2, T1 -T3, T10 - T11, L3 - L5.  
Possible Symptoms: Blood Circulation, Sexual / Reproductive Hormones. Heart Palpitations, Menstrual / Menopausal Symptoms, Mental Depression, Anxiety. PMS- Nausea, Vomiting, Motion Sickness. 7-9 p.m.- primary time.

**Heart**

Spinal Reflex with possible vertebral subluxation complex at C1 - C2, T1 -T5.  
Possible Symptoms: Heart Palpitations, Heart Disease, Chest Pain, Mental Depression, Anxiety, Insomnia, Vivid Dreaming, Frontal Headache, Poor Memory, Abnormal Perspiration. Symptoms associated with Speech, Tongue, Ability to Speak. Red/Ruddy Complexion. Heat, Summer, 11 a.m.- 1 p.m. primary time.

**Small Intestine**

Spinal Reflex with possible vertebral subluxation complex at C1 - C2, T10 - T12, L1- L2.  
Possible Symptoms: Mal-Absorption Syndrome, Lower Abdominal Pain, Tinnitus, Hearing Loss and Disorders, TMJ Dysfunction, Facial Pain, Neck and Shoulder Pain, Stiffness, etc. Ilio-Cecal Valve Syndromes. 1 a.m.- 3 p.m. primary time.

**Triple Heater**

Spinal Reflex with possible vertebral subluxation complex at C1 - C2, T2-T3, L5 -S1.  
Possible Symptoms: Respiration, Digestion and Genitourinary Symptoms. Neck, Arm and Shoulder Pain etc. Tinnitus, Hearing Disorders, General Metabolism, Endocrine Dysfunction (Thyroid, Adrenal, Ovaries etc.) Syndromes of Body Temperature Dysfunction (too hot / too cold). Abnormal Sweating. 9 p.m.- 11 p.m. primary time.

**Large Intestine**

Spinal Reflex with possible vertebral subluxation complex at C1- C2, L2 - L5.  
Possible Symptoms: Sinus Headaches, Frontal Headaches, Constipation, Diarrhea, Upper Extremity Pain, Neck, Shoulder, Arm, Elbow, Wrist etc. Symptoms of the Lower Bowel. Respiratory Involvement. Associated with the Lung Meridian. 5 a.m.-7a.m. primary time.

**Spleen**

Spinal Reflex with possible vertebral subluxation complex at C1 - C2, T5 -T9.  
Possible Symptoms: Female and or Male Pelvic Dysfunction, Hormonal Involvement, Menopausal / Menstrual Dysfunction. Hypo/Hyper Glycemia. Lack of Energy. Gastro-Intestinal Complaints, Indigestion, etc. Leg, Knee Pain. Worry, Pensiveness, Humidity, 9 a.m. - 11 a.m. primary time.

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**Liver**

Spinal Reflex with possible vertebral subluxation complex at C1- C2, T5 -T9.  
Possible Symptoms: Muscle Spasms, Cramps, Ligament, Tendon Dysfunction,  
Any Eye Symptom, Headache, Migraine, Knee Pain, Allergy,  
Anger, Green Hue to Skin. Involvements of the Fingernails, Cracking,  
Splitting, Ridges, etc. Wind, Spring, 1 a.m.- 3 a.m. primary time.

**Kidney**

Spinal Reflex with possible vertebral subluxation complex at C1- C2, T9 -T12.  
Possible Symptoms: Hearing Disorders, Tinnitus, Bone Disorders, Osteo-  
arthritis, Osteoporosis, etc. Lower Back Pain, General Severe Pain,  
Respiratory Dysfunction, Sexual Dysfunction. Coldness in Body, Aversion  
to Cold. Fear, Winter, Scalp Hair, Salt. 5 p.m.- 7 p.m. primary time.

**Bladder**

Spinal Reflex with possible vertebral subluxation complex at L3 - L5, S1.  
Possible Symptoms: Low Back Pain, Sciatica, Neck and Thoracic Pain,  
Occipital and Frontal Headaches. Bladder Dysfunction, Prostate Disorders.  
Eye Disorders- 3 p.m.- 5 p.m. primary time.

**Gall Bladder**

Spinal Reflex with possible vertebral subluxation complex at C1 - C2, T5 -T9.  
Possible Symptoms: Eye and Ear Disorders, Tinnitus, Hearing Loss,  
Lower Extremity Pain, Hip Pain, Low Back Pain, Occipital Pain, Frontal Head  
Pain, Eye Disorders, Vertigo, Indigestion, Gallbladder Dysfunction, Knee,  
Ankle Pain. 11 p.m.- 1 a.m. primary time.

**Stomach**

Spinal Reflex with possible vertebral subluxation complex at C1 - C2, T5 -T9.  
Possible Symptoms: Facial Pain, Paralysis, Tic Douleroux, TMJ Disorders,  
Teeth Pain, Bloating, Halitosis, Appetite Disorders, Abdominal Pain, Fatigue,  
Low Back Pain, Eye Disorders. 7a.m.- 9 a.m. primary time.